

National Emergency Training Center	
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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8/16/2026	8/17/2026	8/18/2026	8/19/2026	8/20/2026	8/21/2026	8/22/2026
Breakfast						
CLOSED	Pancakes	Belgian Waffles	Blueberry Pancakes	Cinnamon Swirl French Toast	Pancakes	French Toast
	Bacon	Bacon	Bacon	Bacon	Bacon	Bacon
	Sausage Links	Kielbasa	Chicken Sausage	Smoked Maple Sausage	Sausage Links	Sausage Patties
	Sausage Gravy	Pepper Gravy	Biscuit Gravy	Chipped Beef Gravy	Biscuit Gravy	Country Gravy
	Home Fries	Hash Browns	Tater Tots	Hash Brown Patties	Breakfast Cubes	Hash Browns
Lunch						
CLOSED	Oven Fried Chicken	Pork Carnitas/ Beef Birria	Meat Lasagna	Roast Turkey	Grilled Burgers	Pulled Pork
	Baked Breaded Sole	Chicken and Cheese Flautas	Penne Pasta	Pulled Pork	All Beef Hot Dogs	Smoked Chicken
	Mashed Potatoes/Gravy	Tortilla Chips w/ Queso	Italian Sausage w/ Peppers and Onions	Mashed Potatoes	Beer Battered Haddock	Cornmeal Catfish
	Grilled Brats w/ Sauerkraut	Cilantro/Lime Rice	Marinara & Alfredo Sauces	Turkey Gravy	French Fries	Baked Mac-n-Cheese
	Broccoli Florets	Vegetarian Black Beans	Italian Vegetable Blend	Cornbread Stuffing	Fire Roasted Corn	Bourbon Baked Beans
		Roasted Corn and Peppers	Garlic Bread	Peas		Collard Greens
	Black Bean Burger*	Vegan Meat Taco*	Vegan Italian Sausage*	Quinoa w/ Kale and Garbanzos*	Tempura Tofu*	Hushpuppies
Featured Soup						
Chicken Noodle	Beef Barley	Baja Enchilada	Italian Wedding	Chicken and Wild Rice	Clam Chowder	Minestrone
Dinner						
Roast Pork Loin	Stuffed Peppers	Roasted Prime Rib	Portobello Beef Tips	Pesto Salmon	Flank Steak w/ Mushroom Sauce	Roast Beef
Country Fried Steak	Pot Roast	Crab Cakes	Baked Ham	Rotisserie Chicken	Fried Shrimp	Seared Pork Chops
Au Gratin Potatoes	Rice Pilaf	Baked Potatoes	Steamed Rice	Wild Rice Blend	Caribbean Blend	Mashed potatoes
Roasted Asparagus	Green Beans	Cauliflower	Butternut Squash	Sauteed Zucchini	Rice Pilaf	Vegetable du Jour
Menu Subject To Change Without Notice						
Special diet? No problem, just speak with the manager						
 GUEST SERVICES				E-mail us at fema-netccafeteria@fema.dhs.gov Call us at 301-447-1551 * Vegan Options		

National Emergency Training Center

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8/23/2026	8/24/2026	8/25/2026	8/26/2026	8/27/2026	8/28/2026	8/29/2026
Breakfast						
French Toast Bacon Sausage Patties Biscuit Gravy Breakfast Cubes	Pancakes Bacon Sausage Links Sausage Gravy Home Fries	Belgian Waffles Bacon Kielbasa Pepper Gravy Hash Browns	Blueberry Pancakes Bacon Chicken Sausage Biscuit Gravy Tater Tots	Cinnamon Swirl French Toast Bacon Smoked Maple Sausage Chipped Beef Gravy Hash Brown Patties	Pancakes Bacon Sausage Links Biscuit Gravy Breakfast Cubes	French Toast Bacon Sausage Patties Country Gravy Hash Browns
Lunch						
Pizza/Wing Buffet	Oven Fried Chicken Baked Breaded Sole Mashed Potatoes/Gravy Grilled Brats w/ Sauerkraut Broccoli Florets	Pork Carnitas/ Beef Birria Chicken and Cheese Flautas Tortilla Chips w/ Queso Cilantro/Lime Rice Vegetarian Black Beans Roasted Corn and Peppers	Meat Lasagna Penne Pasta Italian Sausage w/ Peppers and Onions Marinara & Alfredo Sauces Italian Vegetable Blend Garlic Bread	Roast Turkey Pulled Pork Mashed Potatoes Turkey Gravy Cornbread Stuffing Peas	Grilled Burgers All Beef Hot Dogs Beer Battered Haddock French Fries Fire Roasted Corn	Pulled Pork Smoked Chicken Cornmeal Catfish Baked Mac-n-Cheese Bourbon Baked Beans Collard Greens Hushpuppies
	Black Bean Burger*	Vegan Meat Taco*	Vegan Italian Sausage*	Quinoa w/ Kale and Garbanzos*	Tempura Tofu*	
Featured Soup						
Chicken Noodle	Beef Barley	Baja Enchilada	Italian Wedding	Chicken and Wild Rice	Clam Chowder	Minestrone
Dinner						
Roast Pork Loin Country Fried Steak Au Gratin Potatoes Roasted Asparagus	Stuffed Peppers Pot Roast Rice Pilaf Green Beans	Roasted Prime Rib Crab Cakes Baked Potatoes Cauliflower	Portobello Beef Tips Baked Ham Steamed Rice Butternut Squash	Pesto Salmon Rotisserie Chicken Wild Rice Blend Sauteed Zucchini	Flank Steak w/ Mushroom Sauce Fried Shrimp Caribbean Blend Rice Pilaf	Roast Beef Seared Pork Chops Mashed potatoes Vegetable du Jour
Menu Subject To Change Without Notice						
Special diet? No problem, just speak with the manager						
			GUEST SERVICES			
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